

DAY OF PRAYER

'The Lord's are Earth and its
fullness; the world and those
who dwell in it.'

Ps 24:1



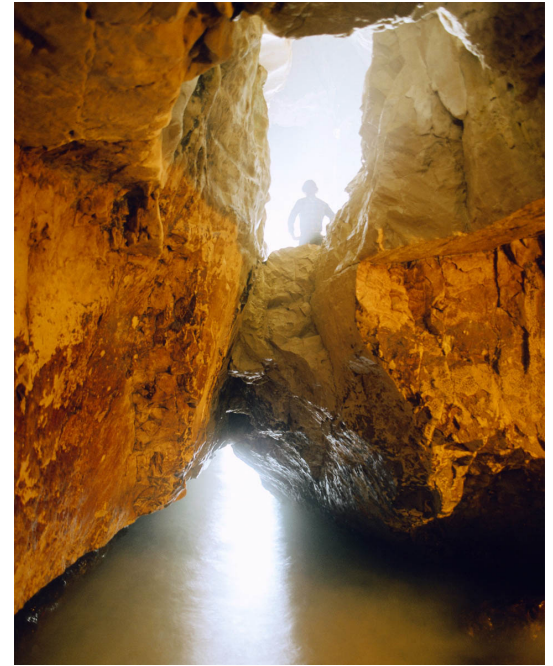
WORLD ENVIRONMENTAL DAY

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CARMELITE NGO

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HOW TO PROTECT NATURE AND ITS BEAUTY?



REFLECT

We cannot presume to heal our relationship with nature and the environment without healing all fundamental human relationships. What does this mean to you?

Dew and rain, bless the Lord; praise and exalt him above all forever.
 Frost and chill, bless the Lord; praise and exalt him above all forever.
 Ice and snow, bless the Lord; praise and exalt him above all forever.
 Nights and days, bless the Lord; praise and exalt him above all forever.
 Light and darkness, bless the Lord; praise and exalt him above all forever.
 Lightning and clouds, bless the Lord; praise and exalt him above all forever.
 Let the earth bless the Lord; praise and exalt him above all forever.
 Mountains and hills, bless the Lord; praise and exalt him above all forever.
 Everything growing from the earth, bless the Lord; praise and exalt him above forever.
 You springs, bless the Lord; praise and exalt him above all forever.
 Seas and rivers, bless the Lord; praise and exalt him above all forever.
 You dolphins and all water creatures, bless the Lord; praise and exalt him above all forever.
 All you birds of the air, bless the Lord; praise and exalt him above all forever.
 All you beasts, wild and tame, bless the Lord; praise and exalt him above all forever.

Daniel 3:57-81

Bless the Lord, all you works of the Lord.
 Praise and exalt him above all forever.
 Angels of the Lord, bless the Lord; praise and exalt him above all forever.
 You heavens, bless the Lord; praise and exalt him above all forever.
 All you waters above the heavens, bless the Lord; praise and exalt him above all forever.
 All you hosts of the Lord, bless the Lord; praise and exalt him above all forever.
 Sun and moon, bless the Lord; praise and exalt him above all forever.
 Stars of heaven, bless the Lord; praise and exalt him above all forever.
 Every shower and dew, bless the Lord; praise and exalt him above all forever.
 All you winds, bless the Lord; praise and exalt him above all forever.
 Fire and heat, bless the Lord; praise and exalt him above all forever.
 Cold and chill, bless the Lord; praise and exalt him above all forever.



PRAYER

All-powerful God, you are present in the whole universe
and in the smallest of your creatures.
You embrace with your tenderness all that exists.
Pour out upon us the power of your love, that we may protect life and beauty.
Fill us with peace, that we may live as brothers and sisters, harming no one.
O God of the Poor, help us to rescue the abandoned and forgotten of this earth, so precious in your eyes.
Bring healing to our lives, that we may protect the world and not prey on it, that we may sow beauty, not pollution and destruction.
Touch the hearts of those who look only for gain at the expense of the poor and the earth.
Teach us to discover the worth of each thing, to be filled with awe and contemplation, to recognize that we are profoundly united with every creature as we journey towards your infinite light.
We thank you for being with us each day.
Encourage us, we pray, in our struggle for justice, love and peace.

**Psalm 95**

Sing to the Lord a new song; sing to the Lord, all you land.
Sing to the Lord, bless his name, announce his salvation day after day.
Tell his glory among the nations; among all peoples his wondrous deeds.
For great is the Lord and highly to be praised, awesome is he, beyond all gods.
For all the gods of the nations are things of naught, but the Lord made the heavens.
Splendor and majesty go before him; praise and grandeur are in his sanctuary.
Give to the Lord you families of nations, give to the Lord glory and praise.
Nations give to the Lord glory and praise, give to the Lord the glory due his name.

Bring gifts and enter his courts, worship the Lord in holy attire.
Tremble before him all the earth, say among the nations, the Lord is king.
He has made the world firm not to be moved; he governs the peoples with equity.
Let the heavens be glad and the earth rejoice; let the sea and what fills it resound; Let the plains be joyful and all that is in them.
Then shall all the trees of the forest exult before the Lord for he comes;
He comes to rule the earth.
He shall rule the world with justice and the peoples with his constancy.

**The Lord's are the earth and its fullness;
the world and those who dwell in it**

Reading (Laudato Si', 141).

'Economic growth tends to produce predictable reactions and a certain standardization with the aim of simplifying procedures and reducing costs. This suggests the need for an "economic ecology" capable of appealing to a broader vision of reality. The protection of the environment is in fact "an integral part of the development process and cannot be considered in isolation from it." We urgently need a humanism capable of bringing together the different fields of knowledge, including economics, in the service of a more integral and integrating vision. Today, the analysis of environmental problems cannot be separated from the analysis of human, family, work-related and urban contexts, nor from how individuals relate to themselves, which leads in turn to how they relate to others and to the environment. There is an interrelation between ecosystems and between the various spheres of social interaction, demonstrating the whole is greater than the parts.'

Reflect

Pope Francis says: "It cannot be emphasized enough how everything is interconnected. Time and space are not independent of one another, and not even atoms or subatomic particles can be considered in isolation." What are some examples of the "interconnectedness" of the universe that you have experienced in your own life? How does seeing everything as connected change the way you see the world?

Prayer

*God of love, show us our place in this world as channels of your love;
For all the creatures of this earth,
For not one of them is forgotten in your sight.
Enlighten those who possess power and money,
that they may avoid the sin of indifference,
that they may love the common good, advance the weak and
care for this world in which we live.
The poor and the earth are crying out.
O Lord seize us with your power and light, help us to protect all life,
to prepare for a better future, for the coming of your Kingdom of
justice, peace, and love and beauty. Praise be to you.*



What can I do to make an impact on nature?

Showcase simple beauty: Instead of store-bought décor, use simple natural touches like extra branches from your tree, a bowl of pinecones or local plants to bring nature's calming influence inside.

Eat more veggies: Incorporate more plant-based foods into your weekly meals, it's good for your health and good for lowering your carbon footprint.

Purchase wisely and recycle: You can reduce the amount of waste you produce by purchasing products that come with less packaging and/or come in packaging that can be recycled.

**LIVE
AWESOME
GREEN LIVES!**